

BHARATNATYAM

Week 1

- NAMASKARAM (PRAYING TO LORD AND THANKING THE AUDIENCE)
- ARAMANDI POSITION (BASIC SITTING POSITION)
- TAATH ADAVU (FIRST 4 COUNTS LEG MOVEMENT)
- NEXT 4 COUNTS LEG MOVEMENT

Week 2

- PREVIOUS CLASS REVISION
- NAATH ADAVU (3 COUNTS LEG AND HAND MOVEMENTS)
- NEXT 3 COUNTS LEG AND HAND MOVEMENTS
- NEXT 2 COUNTS LEG AND HAND MOVEMENTS

Week 3

- SCRIPT WRITING
- LYRICAL POETRY

Week 4

- AD PROMO AND NEWSLETTERS
- FREE VERSE AND RHYTHMIC POETRY



Instructor

RUCHIKA ARAGONDA

She has completed her diploma in aviation. She is hardworking and dedicated towards her passion and she really love to teach others.